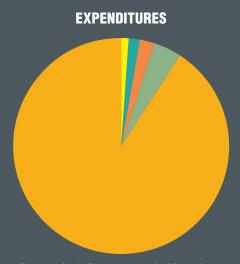
BREAKING down the numbers

91% of our revenues support programs that are changing the lives of families for the better.

Here is how it breaks down:

REVENUES

REVENUES	\$	%
Rose and Zal Fund	881	0.02%
Overseas project consulting	4,807	0.10%
Investment and Miscellaneous income	47,691	0.95%
NGO Collaborations	86.053	1.71%
Monthly Donations	96,442	1.92%
Endowment Capital Funds	100,000	1.99%
Oneness	116.891	2.33%
General Donations	125,770	2.50%
Foundations	629.810	
TOTAL	5,027,074	
EXPENDITURES		
Thrift Shops	54,625	1.17%
Program Evpandituras	4 05 4 705	00 70%



statements for the year ending March 31, 2019. Copies of the full audited financial statements are available o

ACKNOWLEDGEMENTS

Government Donors Global Affairs Canada

Organizational Donors

Basilian Fathers of Toronto Benefaction Foundation

Campbell Webster Foundatio

Canadian Staff Union (CSU) Ontario Solidarity Fund

Cornerstone Family Violence Prevention Centre Cobourg Police Services

Elementary Teachers' Federation of Ontario Gill Ratcliffe Foundation

Grey Sisters of The Immaculate Conception Kingston Central America Solidarity Committee

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OPSEU Social Justice Fund Peterborough K.M. Hunter Charitable Foundation

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Steelworkers Humanity Fund The Daly Foundation The Peter Gilgan Foundation

The Pindoff Family Charitable Foundation The Read Elliott Family Foundation Unifor Social Justice Fund

TOTAL

Martine Bresson Rick Arnold and Beverley Burke

Pauline Carey The Hon. Mr. Justice James Clarke

Reverend Tim Coughlar

Alexander Daughtry Barbara & James Hill

\$5,000- \$9,999 The "Eagle" Circle (The Wise Ones)

(The Community Champions)
The Hon. Justice James Clarke James Coveney Douglas Graeb & Joanne Walsh

\$1,000-2,499 The "Chicchan" Circle

Oben & Aldona Arsenault William Barnett Henry A. Becker Adrienne Bell-Sm

Ursuline Religious of the Diocese of London in Ontario Kran Campbell Women's Inter-Church Council of Canada Nancy L. Carpenter Ruth Crafts

of the following donors during the 2018/2019 fiscal year:

4.686.195

Legacy Gifts

Jeannine H. Colvin

Father F. J. Leslie

Madeline Lunney Catherine Mitchell Bailey

Linda Seppanen Charles & Judith Van Duren

Annual Giving Circles \$10,000 + The "Ahaw" Circle (The Leaders)

Maurice Walsh

Glen Colborne Fund/Toronto Foundation Paul Caldwell

\$2,500-\$4,999 The "OC" Circle

David Morrison & Alena Heitlinge Roger Nelson & Betty Ann Rose Helen Shurson

Horizons of Friendship gratefully acknowledges the generous support

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The "Amigos" Circle (The Seeds) Many thanks to the 234 donors that have made a monthly commitment to Horizons of Friendship.



2018 ANNUAL REPORT

People Helping People

These words breathe life into the work each of our partners carry out in Central America and Mexico, and inspire us to support them every step

In the 2018-2019 fiscal year, the efforts of our 13 partners combined with your generosity have directly benefited 80,731 people and indirectly, 141,466 people. Through 16 projects across 7 countries, thousands of lives have been improved.

Each figure gives only a glimpse of the countless positive stories that colour the five priorities we address in the region.

Think of Alicia Lagos of Santa Clara, Nicaragua as we assist our partners in eliminating all types of violence against women. "I was discriminated by my husband, who would not let me leave my community to study or attend church," she says. "I now recognize my rights and know how to defend them. I'm able to participate in church activities and work in the field to support my

Think too of Reina Moreno of Zamoran. El Salvador as we support our partners in creating living conditions that do not force people to migrate in search of better tomorrow. "I thought about migrating with my son because the environment here was not appropriate for his growth," she says. "I then saw how the sports, arts and music project could discourage children from wanting to be part of local gangs and I lost the desire to travel north."

Our partners also protect the livelihood of smallscale farmers through sustainable agricultural practices, promote culturally appropriate health care for vulnerable communities and actively seek to include Indigenous and Afro-Descendant peoples in social, economic and political spaces. By supporting Horizons and its partners in all these areas, you are a key player in making 'people helping people' come true. For that, we are forever grateful.



Patricia Rebolledo Executive Director, Horizons of Friendship



Our Work in 2018

How Horizons contributes to a better world

Our work is all about the women, men, and children who must face the harsh realities of life in Central America and Mexico. Your contributions support initiatives that improve health services, create alternative income streams, prevent violence against women, provide opportunities for at-risk youth and develop sustainable agriculture to combat food insecurity, among others. This past year, with your financial help and our partners' dedication, Horizons was able to offer hope and to provide the tools and training that make a difference in thousands of lives.

Here are some of the highlights of 2018-2019:

Guatemala: over 5,000 pregnant/post-partum women and more than 6,000 children under two received nutritional supplements to help prevent malnutrition.

Honduras: 32 young women received training workshops on women's rights and the prevention of

El Salvador: a micro-credit project provided 24 new loans benefiting 120 family members through income generation projects.

Nicaragua: an increased number of women victims of violence and sexual abuse are taking their cases to court – AMICA assisted with 216 cases this past year! Costa Rica: 12 families (39 beneficiaries) received education, training and infrastructure support to develop alternative income projects and to increase food security

Panama: 316 "Mother-Teachers" are compiling over 40 years worth of educational materials to share their educational model with state and non-governmental

Canada: Horizons provided health and legal clinics and also advocacy for 120 migrant workers who work on Northumberland County farms.

Guatemala: 90,000 printed newborn, child and maternal health materials were distributed in Totonicápan.



Caty Maritza Chacaj Sam

A 16 year old from the community of Xecachelaj in Guatemala, Caty was forced to quit school to help her mother raise her four brothers when her father died. When Horizons' partner PIES offered training workshops on sexual and reproductive health rights to out of school youth, Caty joined them. She has immense gratitude for the self-esteem and life plan workshops she attended. "The workshops have helped me define my dreams and my goals in life

and have given me the courage to keep working towards them." She plans to work as a secretary so she can afford to go to university.



Doña Martha

Doña Martha, an Indigeneous mother and farmer, is better able to our partner DESMI's work in Chiapas, Mexico. Over 95% of Indigenous farming families in Chiapas live in extreme poverty. DESMI has introduced a variety of native vegetables, and hen, pig and cattle cooperatives, to improve family nutrition and provide income generation, especially for women. Doña Martha explains, "As women,

we are learning that we are capable of doing these things ourselves. We know that we are capable of producing our own vegetables and caring for our animals. We are learning how we can earn enough to feel more secure and picture a better future."



Benjamin Najera

Even while battling stage-4
Esophageal cancer, rural farmer
and Indigenous Térraba community leader Don Benjamin Najera was hopeful for a better future for all Indigenous Costa Ricans. Horizons' partner Mano de Tigra recently provided Benjamin with a grant for a machaca (a species of freshwater trout) fish farm. "For us or economic opportunity," said
Don Benjamin. "For us this fish
and this food is bringing new life
and hope to our community." On June 30th, 2019, Don Benjamin

Najera passed away, leaving behind a loving family of 12, and a fully-operating, sustainable machaca fish farm.



Armando Sire

As an Indigenous leader on the Ngobe-Bugle territory in north-Sire is a knowledge-keeper, a traditional healer, and a community leader. He is working with Horizons' local partner ACUN to pass on the ancestral knowledge and cultural practices from Elders to youth who are eager to reconnect with their history. "I want our culture to live on and thrive – and for this to happen,

we need to pass on our traditions and knowledge to youth. I dream of a world where our youth and future generations of Indigenous people take care of our water,